

This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

1. (currently amended) A herbal health protective, promotive and nutraceutical formulation for women, human expectant mothers, wherein the said formulation comprising:

seeds/seed products selected from the group consisting of legumes, cereals and pseudocereals ranging from 80-90% by wt;

10-20% by wt of extract obtained from essential herbs/medicinal plants of the genera *Centella*, *Chlorophytum*, *Boerhaavia* and *Sida*, and;

optional herbs/medicinal plants selected from the *Withania somnifera*, *Pueraria tuberosa*, *Asparagus racemosus* and *Saraca indica*; and

optionally an acceptable amount of further additives selected from *Piper*, *Elettaria* and *Myristica*.

2. (original) A herbal nutraceutical formulation as claimed in claim 1 wherein, the seeds/seed products are selected from dried seeds, roasted seeds and powdered seeds.

3. (previously presented) A herbal formulation as claimed in claim 1 wherein, the legumes are selected from the group consisting of *Glycine max*, *Cicer arietinum*, *Phaseolus mungo*, *Phaseolus vulgaris*, and *Phaseolus radiatus*.

4. (previously presented) A herbal formulation as claimed in claim 1 wherein, the legumes are selected from the group consisting of *Psophocarpus tetragonolobus* and *Mucuna pruriens*.

5. (original) A herbal formulation as claimed in claim 1 wherein, the total amount of legumes used is in the range from 55-60% by wt.

6. (previously presented) A herbal formulation as claimed in claim 1 wherein, the cereals are selected from *Triticum aestivum*, *Hordeum vulgare*, and mixtures thereof.

7. (previously presented) A herbal formulation as claimed in claim 1 wherein, the pseudocereals are selected from *Amaranthus hypochondriacus*, *Fagopyrum esculentus*, *Chenopodium quinoa*, and mixtures thereof.

8. (original) A herbal formulation as claimed in claim 1 wherein, the total amount of cereals used is in the range from 15-25% by wt.

9. (original) A herbal formulation as claimed in claim 1 wherein, the total amount of pseudocereal used is in the range from 20-30% by wt.

10. (currently amended) A herbal formulation as claimed in claim 1 wherein, the said herbs/medicinal plant parts-~~used~~is are selected from roots, fruits, bark and whole plants.

11. (currently amended) A herbal formulation as claimed in claim 1 wherein, the total amount of herbs/medicinal plants used is X, wherein X~~is ranging~~ranges between 10-20% by wt of the formulation.

12. (original) A herbal formulation as claimed in claim 11 wherein, the amounts of the essential herbs/medicinal plants namely *Centella asiatica*, *Chlorophytum tuberosum*, *Boerhaavia diffusa* and *Sida cordifolia* are used in the ranges between 10-40% by wt of X, 2-20% by wt of X, 5-30% by wt of X and 10-20% by wt of X respectively.

13. (original) A herbal formulation as claimed in claim 12 wherein, the amounts of the essential herbs/medicinal plants namely *Centella asiatica*, *Chlorophytum tuberosum*, *Boerhaavia diffusa* and *Sida cordifolia* are used in the ranges between 16-32% by wt of X, 4-16% by wt of X, 5-24% by wt of X and 12-16% by wt of X respectively.

14. (original) A herbal formulation as claimed in claim 11 wherein, the amount of the optional herbs/medicinal plants namely *Withania somnifera*, *Pueraria tuberosa*, *Asparagus racemosus* and *Saraca indica* are used in the ranges between 0-16% by wt of X, 0-24% by wt of X and 0-16% by wt of X and 0-12% by wt of X respectively.

15. (cancelled)

16. (currently amended) An herbal health protective, promotive and nutraceutical composition for women and expectant mothers, wherein ~~the said formulation~~

composition comprises comprising a mixture of seed powder consisting of legumes, cereals and pseudocereals ranging from 44 to 52%, herbs/medicinal plants extract ranging from 5 to 13%, sugar/jaggery ranging from 20 to 35%, milk powder ranging from 0 to 20%, *Piper longum* fruit powder ranging from 0.5 to 5.0%, *Myristica fragrans* fruit powder ranging from 0 to 5.0%, *Elettaria cardamomum* seed powder ranging from 0 to 4.0% and coca powder ranging from 0 to 10%.

17. (original) A composition as claimed in claim 16 wherein, the amount of legumes present in the overall seed powder mixture is in the range between 23-31% by wt.

18. (original) A composition as claimed in claim 16 wherein, the amounts of cereals present in the overall seed powder mixture is in the range between 7-13% by wt.

19. (original) A composition as claimed in claim 16 wherein, the amounts of pseudocereals present in the overall seed powder mixture is in the range between 10-13% by wt.

20. (original) A composition as claimed in claim 16 wherein, the composition is suitable for use in the form of powder, granules, biscuits, tablets, ingots, syrups or capsules for women/human expectant mothers.

21.-48. (cancelled)

49. (previously presented) A herbal formulation as claimed in claim 1 wherein, the seeds/seed products are *Glycine max*.

50. (previously presented) A herbal formulation as claimed in claim 1 wherein, the seeds/seed products are *Hordeum vulgare*.

51. (previously presented) A herbal formulation as claimed in claim 1 wherein, the seeds/seed products are *Amaranthus hypochondriacus*.